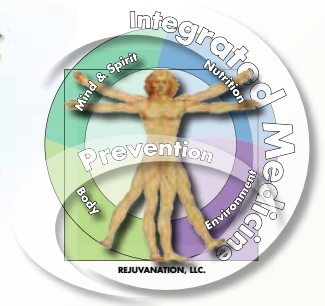


# Stop **Playing** the **Waiting** Game.



**Rejuvenation**, is unlike most typical doctors office visits. You know the one I'm talking about. Where you're waiting amongst the endless list of patients and after twenty minutes you finally hear your name called. Then you're seated in an exam room to wait another 20 minutes. The whole time you're waiting, **you're thinking, "How do I tell them how I feel? Will they really listen to me this time?, and Will they really understand my symptoms?"** At last the doctor or practitioner comes in and gives you a very impersonal five to ten minutes.

**Based** on your insurance coverage, you likely leave with a referral to another doctor or a script for a medication that you see commonly on a TV commercial. Unfortunately, the major part of the commercial you remember was a list of possible side effects that outnumbered the benefits. **If your like most people, you can relate to this very real life scenario.**

**Welcome to Rejuvenation**, unlike traditional or conventional practicing doctors serving an endless list of patients, **Rejuvenation's anti-aging and integrated medical physician and practitioners intentionally keep their patient roster low.** Therefore, they are freed up to treat the individual, not just the symptoms, unlike most traditional doctors whom prescribe medicines and treatments that have been designed to work for the masses. Rejuvenation takes a holistic and integrated approach by **treating each patient based on the individuals body chemistry, health history and patient goals.** Our entire program is based on what your specific body requires to achieve optimal health and wellness, while creating a preventative health plan for the future.

**Rejuvenation takes a proactive approach** to medicine combining preventive measures of using a low-glycemic nutritional plans, specialized exercise programs, supplementation, hormone and adrenal optimization resulting in a **healthier and rejuvenated you.**

**Rejuvenation isn't a onetime visit and you're out the door with a script to fill.** Each and every patient's treatment is different depending on symptoms and goals. **Our goal is to optimize your health and not just mask your symptom** with a pill or temporary bandage. Our intention is to get to the root of the issue and determine the correct and patient approach for a healthier you.

**REJUVANATION**<sup>™</sup>  
www.rejuvenation.net **Preventative & Integrated Medicine**  
**Adding Life to Years**

#### Peoria Location

7720 N Grand Prairie Dr.  
(Next to the Shoppes at Grand Prairie)  
Peoria, IL 61615

Ph: 309.693.3150  
Fx: 309.693.3190

#### Bloomington Location

11 Currency Drive  
(Inside Gold's Gym)  
Bloomington, IL 61704

Ph: 309.662.3002  
Fx: 309.662.8682



**Left to Right:** Timothy LaHood, MD (Peoria), Shawn Snider CNP, Matthew McMillin MD (Bloomington), Tami Rickert RN, Bill Dison, James Porter COO, and LJ Rossi III

**The Rejuvenation staff** will establish normal follow up visits to monitor your progress and make treatment modifications until the optimum markers are achieved. Our in house diagnostic and lab services are specially designed to determine if your lab results are at the optimum health ranges. A traditional physician may tell you that you are in normal or standard ranges, and yet you're still feeling bad.

**The truth of the matter is many physicians practicing conventional medicine aren't proactive enough to get you in optimum health ranges.** Our goal is get you in the proper optimum levels based on your specific age and gender demographics.

**At Rejuvenation,** the days of treating the symptoms with a "band-aid," one size fits all approach are over. By treating the root causes of the symptoms and the individual, day after day, Rejuvenation physicians and practitioners are able to make a real difference in people's lives. One of the biggest reasons we get so many patients is due to the fact that so many of our patients were mistreated by other physicians. **The story is usually the same, "My doctor wouldn't listen to me." or the doctor said "Its just that your getting older and it's a part of life."** A common story is "The doctor told me that it's all in my head, not to worry and although your labs are on the low side of normal your fine as long as your within the normal range." We hear these patient complaints day after day. Although it's very frustrating, it's actually a big driver of our business. The fact is people are doing the research and making individualized and smarter choices when it comes to health care. People are tired of being taken advantage of. Why should a trip to the doctor be any different? The public needs options in health care, options that give the alternative and safe ways of treatment with their Optimum health in mind. Our practice is growing very rapidly due to **patients telling everyone of the dramatic results and just how good they feel.** Although the growth has been rapid, we haven't adjusted the amount of time we spend with patients, but rather brought on additional staff and physicians. It is this time that allows our physicians and practitioners to talk with you to learn all about your symptoms, your medical history, your test results and to be able to prescribe a treatment customized specifically for you. Most importantly, this gives them the ability to be available for all your questions and concerns.



**When patients come** to Rejuvenation, they often comment on how different the doctor-patient experience is. You will not spend countless minutes waiting to be seen, to only get fifteen minutes to explain yourself. **With Rejuvenation, you are an individual with individual symptoms and circumstances, and you will be treated uniquely.** You can see how invested your physician is in you and your well-being by the amount of time they devote to you and your particular needs. Our patients are often surprised when they answer the phone and hear their doctor's voice on the other line just calling to see how they are feeling. **Rejuvenation physicians and practitioners truly care about every one of**

**their patients**— in a nutshell, that is the difference between a traditional practicing doctor and a Rejuvenation physician.

**Come experience the difference.**

It's very simple to get started, Just give the office a call and our staff will gather the proper information and set up your initial consultation and visit. Rejuvenation works with most insurance companies and also offers a very reasonable cash pay option that is far less than most competitive offices.



**James Porter, COO**  
Rejuvenation, LLC



**Call Today!**  
**309.693.3150**